



VOLUNTEER PEER-TO-PEER

Volunteer Newsletter

In this issue:

- Happy Spring!
- New Memory Pillow Program in 2020
- Why a Newsletter?

Happy Spring!

We are finally getting a glimpse of warmer weather to come. With the ability to get outside more (or even open up a window and let some fresh air in) don't forget to do something for yourself to celebrate getting through a difficult winter.

New Memory Pillow Program in 2020

Due to visit and gathering restrictions during the COVID-19 pandemic, many families that we served were unable to mourn the passing of loved ones on our services, as traditional family gatherings or planned funeral services were unavailable. To help with this loss we decided to start offering memory pillows to families. Memory pillows are made from shirts of the person who passed away. Since starting this program in mid-2020, we recruited volunteers who have made 17 pillows for families. We hope to continue this project beyond the pandemic, due to the positive reception by families.

"We want to thank your volunteer group so much for the beautiful pillows you made for us from Mom's shirts. We can envision her in them and they have such sweet memories."

-a family of a former Evergreen Hospice Care patient



Memory pillows volunteers recently made for families of former patients

Why a Newsletter?

As we are seeing continued restrictions in volunteer services during the pandemic, Evergreen Hospice Care is refocusing on the volunteer program in a way that will reach hospice patients and their families, even without face-to-face volunteer visits. Though we cannot engage in the activities we used to, we still recognize the important role volunteers fill for our patients. Many volunteers previously filled a specific role that may no longer be available to them or are looking at new ways to help out in a new year. Through this monthly newsletter you will be introduced to some of our programs and staff. Future issues will also provide you the opportunity to receive training information from home.